

Reaching Out



St. Joseph's Auxiliary Hospital

10707-29 Avenue
Edmonton, Alberta

Community Newsletter

December, 2001

Message From the Board Chair



This has been a year of both change and opportunity for St. Joseph's Auxiliary Hospital. As we reported to you in our June Community Newsletter, sponsorship of our Hospital shifted from our founders, the Sisters of Providence of St. Vincent Paul (Kingston) to the Alberta Catholic Health Corporation. This change provided us with an opportunity to reflect on the significant contributions of the Sisters of Providence and to renew our dedication to continue our Mission through our new sponsor.

As an organization, we have also benefited from the opportunity to begin a review of our existing programs and services and to carefully assess opportunities for the development of new and enhanced programs. In the months ahead, we will continue work on our Strategic Plan and we will keep you informed of our efforts.

We were pleased, during this International Year of Volunteers, to recognize the many individuals who give so generously of their time to strengthen and enrich the lives of our residents, our organization and our community. We are indeed privileged to count this terrific group of individuals among our St. Joe's family of friends!

Our past inspires us. The future holds the promise that with faith, wisdom and patience we can preserve a heritage that was nobly begun and skillfully perpetuated by a visionary community of women religious - the Sisters of



Board Members during the Fall Missioning Ceremony.

Providence of St. Vincent Paul (Kingston) - and by those who have chosen to preserve and carry out our Mission. We look forward to celebrating the Hospital's 75th Anniversary, in the fall of 2002, as we continue to provide *quality care with compassion in the Christian tradition*.

As we prepare to celebrate both the birth of Christ and the dawning of a New Year may I extend, on behalf of the Board of Directors, sincere best wishes to you and your loved ones for a joyous Christmas season. May the coming year be filled with peace and a renewed sense of hope for a better world.

Sharon Downs, Board Chair

Message From the Executive Director

The events of September 2001 have caused many of us to stop and reflect on the truly important things in life. Family, expressions of love and caring and faith came readily to mind in our priorities.

In a very real sense, St. Joseph's Auxiliary Hospital is a family rooted in a faith tradition with a Mission of providing care with compassion. We have much for which to be thankful, such as:

- The example of our Founders, the Sisters of Providence of St. Vincent de Paul.
- The continuity of our Mission through our Sponsors, the Alberta Catholic Health Corporation.
- The fidelity of our staff and physicians in the provision of care.
- The generosity of our volunteers who give unselfishly of time and energy.
- The blessings of being part of a progressive health region, in a prosperous city, within a bountiful province of the most enviable country in the world.

We are also privileged to be able to serve others. The residents and families of St. Joseph's are an inspiration to us all. In the midst of life's struggles we often see the personification of hope and endurance that moves us to embrace life in a richer and fuller measure.

During Christmas 2001 and on the threshold of 2002, may the peace of the season pervade our lives and our world. May the Prince of Peace be a part of your family celebrations and be the source of hope for the New Year.

Marilyn Snow, Executive Director

2001-2002 Voluntary Board of Directors

Sharon Downs (*Chair*)

Jean Bara (*Vice Chair*)

Sister Mary Benilda

Dr. Robert Bradstock

David Edey

Eileen Filthaut

Tony Holloway

Jack Kane

Lyle Lavender

Sister Mary Moderwell

Tim O'Brien

Mary Pat Skene

Marilyn Snow

Senior Management

Marilyn Snow,
*Executive Director and
Chief Executive Officer*

Lynn Olenek,
Director of Care

Ray Lister,
Director of Human Resources

Debra Frederick,
Director of Communications

Our Mission, Our Ministry

In 1927, the Sisters of Providence of St. Vincent de Paul (Kingston) had a vision to create a care facility that, in the Christian tradition, would serve the most disadvantaged in our community. From those humble beginnings - when Edmonton was but a city of few paved streets - St. Joseph's Auxiliary Hospital has grown and changed through the years to respond to urgent needs. In meeting those needs, our daily challenge is to stretch our dollars to provide high quality care and services. Services are tangible but caring is not. Dollars allow us to recruit capable and experienced staff but the caring, compassionate qualities we seek in people cannot be purchased. Residents and families who deeply value the caring attitude so obvious in our facility reinforce this. As Jean Bara recently wrote to the staff on Rosewood Gardens: "The staff is commended for treating mother as a valued and important family member and for providing compassionate, unconditional loving care."

So today, as in 1927, we continue to serve our community with the compassionate, caring example of our founders as our inspiration. With our focus always on the least advantaged.



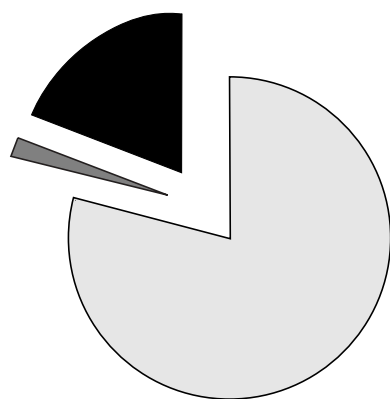
The Strathcona Royal Canadian Legion Remembrance Day Ceremony at St. Joseph's Auxiliary Hospital.

Mission Statement

- We believe . . .** In living the Gospel values which inspire the Sisters of Providence of St. Vincent de Paul and in continuing their ministry of compassionate care to people of all cultures and beliefs.
- We serve . . .** People who require community support, continuing care or palliative care.
- We provide . . .** A broad spectrum of programs and services focusing on health and wellness and incorporating the unique qualities and capabilities of each individual.
- We commit . . .** To provide quality care with compassion in the Christian tradition.

Financial Summary FOR THE FISCAL YEAR APRIL 1, 2000 - MARCH 31, 2001

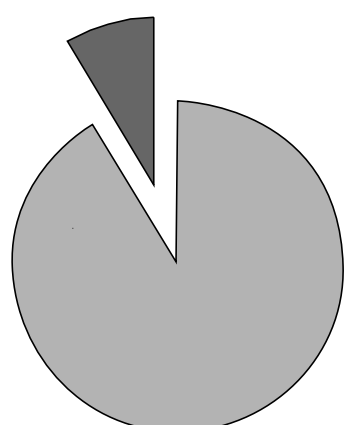
Operating Revenue



- CHA Grants
- Investment Income & Recoveries
- Accommodation Charge

Capital Health Authority Funding	\$8,330,134
Accommodation Charges	2,026,760
Investment Income & Recoveries	210,827
Total Operating Revenue	\$10,567,721

Operating Expenditures



- Salaries
- Supplies

Salaries & Benefits	\$9,700,984
Nursing	
Therapies	
Accommodation Services	
Administration	
Supplies	908,693
Total Operating Expenditures	\$10,609,677

Auditors: King & Co. Chartered Accountants

Volunteer Opportunities Close to Home

Located in the heart of the Ermineskin community, St. Joseph's Auxiliary Hospital is close to major bus routes, 23rd Avenue and 11th Street. We have ample parking and bus stops located at the front of the hospital making public transportation a convenience. Volunteers - numbering in excess of 200 - find personal reward in sharing their time with residents of St. Joseph's. Some volunteers have been with us for more than 25 years! When considering if a volunteer commitment at St. Joseph's Auxiliary Hospital might be right for you, consider the possibilities...

- Assisting with an exercise class
- Gardening with our experienced hobby farmers
- Joining a sing-a-long on the nursing units
- Helping residents with meals
- Serving residents, staff and visitors in our eclectic gift shop
- Rediscovering your office skills
- Sharing your interest in cards or games
- Visiting with your friendly pet or toddler (perhaps both if you have a sense of adventure!)
- Taking a plunge in our therapeutic pool
- Offering a helpful pair of hands in a ceramics class

If a regular commitment is not possible, consider becoming an "occasional" volunteer by assisting with special projects such as decorating for seasonal events or sharing your musical talents during afternoon or evening socials. The list is lengthy and only limited by our imaginations. As International Year of the Volunteer comes to an end, make 2002 the year you become a volunteer at St. Joseph's Auxiliary Hospital. Call our Volunteer Coordinator at 430-3441 to learn more about opportunities or to request an application form.



Residents Herb Harke and Grange Taylor, with staff and volunteers at Pigeon Lake.



Resident Walter Maron with a young firefighter-in-training during a Halloween visit with the children from Steinhauer School.

A Partner within the Capital Health Region

St. Joseph's provides a variety of continuing care services in collaboration with the Capital Health Authority Community and Continuing Care Services. As a voluntary, faith-based health care provider, St. Joseph's Auxiliary Hospital receives operating funding from the Capital Health Authority. The programs and services we offer range from our continuing care program - serving people with chronic health conditions - to specialized programs such as our Palliative Hospice (serving terminally ill adults of all ages) and the Continuous Ambulatory Peritoneal Dialysis program which allows people with renal disease to receive care in a more home-like environment. Diseases such as Multiple Sclerosis, Parkinson's Disease and Huntington Disease are not limited to the elderly, therefore our continuing care program serves adults of all ages - residents of St. Joseph's Auxiliary Hospital range in age from 30 to over 100 years.

With the goal to coordinate services, St. Joseph's Auxiliary Hospital works closely with other care providers to offer needed services. As a partner in this large health region, working collaboratively ensures that programs and services are streamlined and gaps in service are identified and addressed. Individuals access admission to St. Joseph's Auxiliary Hospital through the single-point of entry, Central Assessment and Placement Services. This regional service reviews applications for all continuing care facilities within the Capital Health Region. Applications for continuing care are reviewed against the facilities' ability to meet the needs of the individual and space availability. To help people navigate the sometimes complex issues of accessing continuing care services, including Home Care, the Capital Health Authority Health Link information line is available to answer questions 24 hours a day. If you have questions regarding continuing care or general health advice, contact the Capital Health Link at 408-5465.

Giving and Receiving

St. Joseph's is most fortunate to receive donations from individuals and organizations who recognize and value the work we do in our community. Although we have the good fortune to have a beautiful, newer facility, equipment - used continuously - has an expected useful life of 3-5 years. Each year, with input from all departments, a prioritized "needs list" is prepared. These gifts are used to purchase much-needed equipment and furnishings such as oxygen concentrators, lifts and transfer equipment, outdoor furniture, seasonal decorations and the like. Additionally, program supplies for weekly teas, our pet therapy program and the operation of our bus for community outings, are also supported by the donations we receive. As we enter the ninth year at this



Resident Lenore Hukalo accepting a cheque from the Alberta Knights of Columbus (with Jules Lacoursiere, Lyle Lavender and Marilyn Snow).



Heritage Safeway presenting St. Joseph's with a \$9,349 cheque from the "Because We Care" Campaign.

site, aging equipment and furnishings need replacement. Gifts help us do this in a well-planned manner, ensuring the high priority items are available as needed. In the fiscal year 2000-2001, we received 576 donations ranging from \$5 to \$10,000. The size of the gift is not important, as five dollars may represent a significant financial sacrifice to many individuals. What is important, is that each dollar helps us meet the needs of the 204 people who reside at St. Joseph's Auxiliary Hospital, now and into the future.

As a community resource, St. Joseph's Auxiliary Hospital, because of our functional building, is in a position to offer space for meetings to non-profit groups. The groups applying to use our facility must have a health, wellness or education focus. Currently, the Multiple Sclerosis, Huntington Disease and Parkinson's support groups, Gamblers Anonymous, the Northern Alberta Pet Therapy Society and the Southwest Community Health Council all use space at St. Joseph's Auxiliary Hospital. This is but one way we are able to contribute to the strength of our community. In our view, sharing our resources with our neighbors is a tangible way to live our Mission. Please contact the Director of Communications at 430-3443 for further information on space availability.



If You Would Like More Information About St. Joseph's

You can reach St. Joseph's Auxiliary Hospital by phone, fax, mail or access our website:

St. Joseph's Auxiliary Hospital
10707-29 Avenue
Edmonton, Alberta T6J 6W1

Phone: (780) 430-3443
Fax: (780) 430-9777
website: www.stjosephs.ab.ca

Donation Form

St. Joseph's Auxiliary Hospital is a registered charitable organization. Receipts, for tax purposes, are issued for all donations. Charitable registration # 119183614RR0001

I am enclosing my gift in the amount of \$ _____

- Please use this donation for the most urgent need
 I prefer to direct my donation to the following (please identify):

Your Name (please print): _____

Address: _____ City: _____

Province: _____ Postal Code: _____ Phone: _____

Please detach and mail to:

St. Joseph's Auxiliary Hospital
10707-29 Avenue, Edmonton, Alberta T6J 6W1

DONATION FORM